

Closing Unit

Reflecting on the learning, saying
goodbye and journeying on...



This closing unit will offer you opportunities to reflect on your learning during the Becoming Friends course and on the journey you have shared with your Becoming Friends companion. You will be invited to consider steps you wish to take to further your learning and spiritual development from here, and to take time to say goodbye to your companion.

Closing Unit aims

This unit aims to help you:

- Reflect on your learning during the Becoming Friends course
- Find out about Quaker ways of continuing our spiritual learning and development
- Consider steps you could take to further your spiritual journey with Friends
- Celebrate the work you and your Becoming Friends companion have done together

■ What if I now want to apply for membership?

While the Becoming Friends course has not been specifically aimed at bringing participants into membership of the Religious Society of Friends, you may have found that the process of taking part in the course has led you to consider applying to become a member. If that is the case, then please approach the overseers or elders in your local meeting and they will explain the membership procedure to you.

■ What if I have realised Quakerism is not for me?

We hope that the Becoming Friends course has been of interest to you anyway and that you will be able to take something useful from it on your spiritual journey from here. If you want any help in finding out about other local faith communities, your Becoming Friends companion should be able to help you find contact details for them.

■ Guidance for working through this closing unit

1. The introductory information (pages 246–247) and [overview](#) (pages 248–250) are good places to start.
2. The [Reflective activity](#) on pages 251–252 provides you with an opportunity to reflect on all your learning during the Becoming Friends course, so this exercise is highly recommended. Take as long as you wish to over it.
3. You can then choose one (or more if you like) of the seven [Journeying on activities](#) on pages 253–258 to find out more about Quaker approaches to spiritual learning and development, and consider doing your own follow up work after this course is finished.
4. You might like to arrange a meeting with your Becoming Friends companion towards the end of the unit so that you can reflect on your learning and your journey together, possibly following the format for the closing session with your Becoming Friends companion given on pages 259–260.
5. There's no time limit for working through this unit – you can take as long or as short a time as you like.

Overview

Spiritual learning continues throughout life, and often in unexpected ways... Are you open to new light, from whatever source it may come?

Advices and queries 7 (in *Quaker faith & practice* 1.02)

For Quakers, seeking to be open to new light and learning is a central part of our ongoing spiritual development, both as individuals and as a community.

Each of us has a unique spiritual journey to make, a unique way of learning and being open to the Spirit; by sharing what we have found along the way, we enable this diversity to enrich us, so that

the Society of Friends might be thought of as a prism through which the Divine Light passes, to become visible in a spectrum of many colours; many more in their richness, than words alone can express.

Quaker faith & practice 18.20

Being open to spiritual learning can be exciting and interesting but also challenging and not always easy. So we try to find ways to support one another in our seeking, and finding, of new light: some of these ways include study groups in local meetings, special interest groups, courses, publications in text and audio-visual formats, online learning communities, and regional or national gatherings. Although you are now coming to the end of the Becoming Friends course, you are invited to explore some of these possibilities for continuing your spiritual learning and development with Friends.

Local and area meetings often arrange study group sessions for local Quakers: these may be planned to suit local learning needs or may make use of national Quaker learning packs. Recent learning packs include *Hearts and minds prepared*, *Good lives*, *Quaker identity and the heart of our faith*, a Testimonies 'toolkit' *Engaging with the Quaker testimonies*, *Responding to climate change* and *Creating community, creating connections* (see [Further exploration](#) for more details).

Within Britain Yearly Meeting, there are many special interest groups which enable Quakers to follow their interests or concerns with other like-minded Friends. These 'listed informal groups' range from faith based groups, such as the Christian Quaker Renewal Fellowship and the Quaker Universalist Group, to interest groups such as the Friends Historical Society and Quaker Theatre Group, and faith in action groups such as Quaker Action on Alcohol and Drugs or Quaker Disability Equality Group (see [Journeying on activity 1](#)).

Courses are offered by Quaker centres on a wide range of subjects based around exploring Quakerism and the themes of interest to Quakers, such as peace and reconciliation, Quaker history and spiritual journeys. Quaker centres include

Woodbrooke Quaker Study Centre, Swarthmoor Hall, Charney Manor and Claridge House. Courses are offered in different formats including retreats, seminars and conferences, and may be short courses or longer programmes of study; many courses are offered at the centres while others are delivered off-site in local meetings and regional venues around Britain (see [Journeying on activity 2](#)).

Quakers aim to support children and young people in their spiritual journeys in ways that enable them to make their own choices and decisions. Meetings may have separate children's meetings or times of all age worship, and there are specific resources, events and gatherings for children and young people within Britain Yearly Meeting. The Quaker Life department at Friends House supports work with children and young people and produces a resource called *Journeys in the Spirit* to help meetings with this work (see [Journeying on activity 3](#)). For more about events and gatherings for children and young people see [Journeying on activity 6](#).

Quaker publications can be found in local meeting house libraries and also the Quaker libraries at Friends House and Woodbrooke Quaker Study Centre – their catalogues can be browsed in person or online at: www.quaker.org.uk/library and www.woodbrooke.org.uk/library. The Quaker Centre Bookshop also stocks a wide range of publications of interest to Friends (see [Further exploration](#) for contact details).

The Swarthmore Lecture was established in 1907 'to interpret further to the members of the Society of Friends their Message and Mission... and ... to bring before the public the spirit, the aims and the fundamental principles of the Friends.' The lecture is given annually at Yearly Meeting, the annual gathering to which all Friends are invited, and is accompanied by an audio recording of the lecture and a book which deals in more detail with the subject of the lecture (see [Journeying on activity 4](#)).

Periodicals and journals published by Friends provide opportunities to share news and discuss issues of importance to Friends; these publications include *The Friend*, *The Friends Quarterly*, *Quaker Voices* and *Quaker News* (see [Journeying on activity 5](#)).

Being a learning community involves meeting up and spending time together – Quakers enjoy going along to gatherings on local, regional and national levels ranging from Quaker camping trips to conferences about peace work. Details of local and regional events will be given in local Quaker newsletters and websites, while the main national Quaker gatherings are listed in [Journeying on activity 6](#). Another way of being in touch with one another is through Quaker online discussion forums such as the Britain Yearly Meeting forum at: www.quakerweb.org.uk/forum or the young Quaker forum Friendlink at: www.friendlink.org.uk. Many of the special interest groups referred to in [Journeying on activity 1](#) also have email groups for sharing news and ideas.

And, importantly, you may feel that the most significant way for you to continue your journey with Friends is to deepen your own spiritual practice or prayer life.

[Journeying on activity 7](#) offers reminders of some of the disciplines offered during the Becoming Friends course and ways of seeking support along the way.

In the words of a British Friend, Quakers

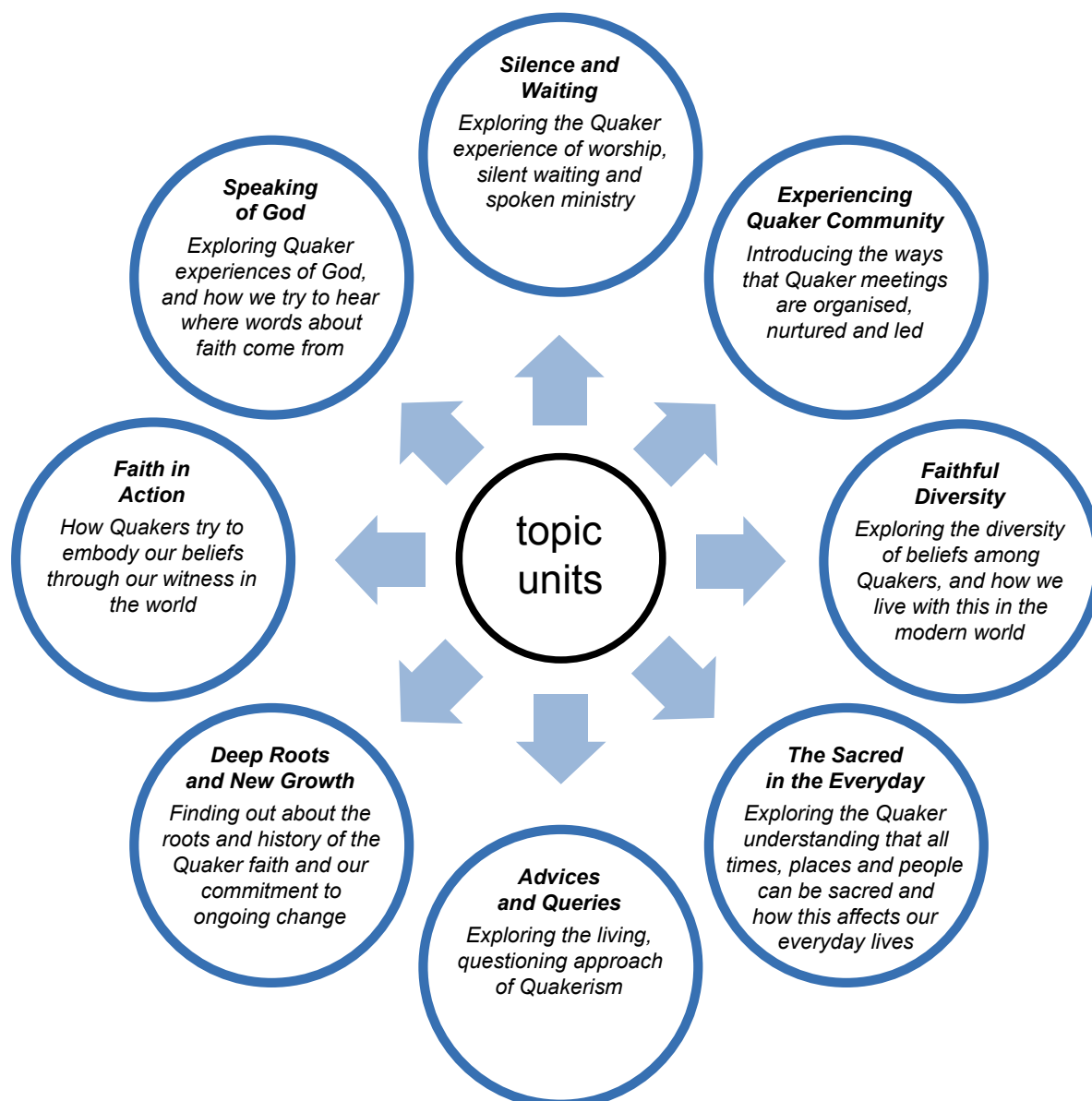
offer a spiritual journey: a journey that is undertaken with others in our meeting and which is reflected in their journeys ... We don't have all the answers: what we have is some very good questions.

Geoffrey Durham, 'The Heart of Quakerism'
(see [Further exploration](#) page 261)

Whichever ways you choose to move forward in your journey, Friends hope that 'love may grow in you and guide you.' (*Advices & queries* 2 in *Quaker faith & practice* 1.02)

Reflective Activity

During the Becoming Friends course you have explored the Quaker Way and your relationship to it by working on a range of subjects that you have selected from the eight topic units shown in the diagram below. Through each subject area, we hope that you have been able to find out more about the **distinctive** Quaker faith and **discover** some of the riches of the Quaker community and tradition, while **deepening** your own spiritual life.



At the beginning of the course, we suggested that you might find it helpful to practise becoming more aware of your learning experiences through means such as reflection, writing, blogging, drawing or creating something, conversations, group sharing (face to face and online).

As you finish your work on the Becoming Friends course, we invite you to reflect on what you have learned during the whole course, how your understanding has changed and what areas you would like to explore further. This is a good moment to look back at any writing, drawing or other records you have of your reflections and learning throughout the course and see what they have to teach you at this stage.

You could use one or more of the following questions as a **focus for your reflection**:

- What has been especially valuable or important in the learning you have done?
- What has been new or surprising for you? What new light, insight, perspective or questions have come to you?
- In what ways do the Quaker approaches you have learned about reflect your own experience and thoughts?
- In what ways has the learning challenged you? What questions has it raised for you?
- Are there areas of Quakerism or your own spiritual journey that you would like to explore further now?
- Has anything arisen from your learning that you would find it helpful to focus on in reflection with your Becoming Friends companion?

You could also take some time to reflect on your own spiritual practice or prayer life. Do you feel led to continue or develop any practice that you have experienced during the Becoming Friends course?

As before, this closing reflection can be a very good opportunity for sharing with your Becoming Friends companion, or you may prefer to write in a journal or book of spiritual discipline (there's guidance for journalling in [Appendix 2 – Guidance](#) on page 282, to blog or share online, or to reflect using creative methods.

Journeying on activities

You might like to choose one or more of the following seven activities.

Journeying on activity 1

Find out about a listed informal group

Within Britain Yearly Meeting, there are many informal groups which enable Quakers to follow their interests or concerns with other like-minded Friends.

You can find out about them by:

- looking at the list of groups on the Britain Yearly Meeting website at: www.quaker.org.uk/other-quaker-sites and follow the links to explore some groups' websites
- looking in the annual Book of Meetings, where the groups are listed, with contact details, towards the back of the book; it is in most meeting houses, but if you can't find a copy, contact Quaker Life at Friends House, 173 Euston Road, London NW1 2BJ tel: 020 7663 1140 email: ql@quaker.org.uk for details of groups

Is there a group which interests you? You could get in touch and ask for more information, subscribe to a newsletter or email group, or arrange to attend an event.

Journeying on activity 2

Go on a Quaker course

There are courses available at various Quaker centres and locally in meetings, covering a wide range of subjects. Why not find out about a course and book yourself on it!

You could ask your Becoming Friends companion, or an elder or overseer at your meeting what courses or study group sessions are coming up locally in the near future.

Or check out the websites or ring and ask for the programmes for the following Quaker centres to find out if there are courses coming up that might interest you:

- Woodbrooke Quaker Study Centre 0121 472 5171
www.woodbrooke.org.uk

- Swarthmoor Hall 01229 583204
www.swarthmoorhall.co.uk
- Charney Manor 01235 868206
www.charneymanor.org.uk
- Claridge House 0845 3457281
www.claridgehousequaker.org.uk
- Glenthorne Quaker Centre 015394 35389
www.glenthorne.org

Some Quaker centres have bursary funds to assist with the cost of courses, as do many local and area meetings. For example, look in the Woodbrooke brochure or go to www.woodbrooke.org.uk/pages/financial-help.html for information about financial help with Woodbrooke courses. Don't hesitate to apply for help with costs if you need to – that's what bursaries are there for. You can ask an elder or overseer in your meeting for help sorting out bursary assistance.

Journeying on activity 3

Check out resources for children and young people

You might like to get hold of copies of *Journeys in the Spirit*, the resource for Friends working with children and young people in meetings. What do you think about the information and activities offered? Are there any you would like to try out yourself?

- You could go to www.quaker.org.uk/resources to access samples of *Journeys in the Spirit* online – you can also subscribe to *Journeys in the Spirit* on this webpage.
- Or contact Quaker Life on 020 7663 1013 or email ql@quaker.org.uk and ask for a copy of *Journeys in the Spirit* to be sent to you.

Does your meeting use the *Journeys in the Spirit* resource? How it has been received? Speak to one of the overseers or elders to find out. Are you interested in getting involved with work with children and young people in your meeting?

You could also check out the young Quaker website www.yqspace.org.uk or the online forum www.friendlink.org.uk which is aimed mainly at young Quakers.

Journeying on activity 4

Read a Swarthmore Lecture

You could read one or more of the Swarthmore Lectures, for an insight into Quaker thinking on issues of importance to Friends through the years. More recent lectures are also available in audio formats.

- A full list of Swarthmore lectures is available on Wikipedia at: en.wikipedia.org/wiki/Swarthmore_Lecture or you'll find a list of recent lectures on pages 263–264
- You could have a look at the collection of Swarthmore Lectures in your local meeting house library and borrow any that interest you
- Or contact the Quaker Centre bookshop (contact details in Further exploration) to buy a copy
- You could attend Yearly Meeting to hear the next Swarthmore Lecture live. For information about Yearly Meeting, contact Friends House on 020 7663 1094 or go to www.quaker.org.uk/britain-yearly-meeting

Journeying on activity 5

Read and engage with Quaker publications

You might like to read a recent edition of *The Friend*, *Friends Quarterly*, *Quaker Voices* or *Quaker News* and find out what's going on among British Friends. Are there any articles, letters or adverts that especially speak to you? Will you do anything to follow up that interest?

Copies of these publications are available to borrow in most meeting house libraries.

You can access them online or make contact to order them as follows:

- *The Friend* www.thefriend.org
Tel: 020 7663 1178
Email: subs@thefriend.org
- *The Friends Quarterly* www.thefriend.org
Tel: 020 7663 1178
Email: subs@thefriend.org
- *Quaker Voices* www.quaker.org.uk/qv
Tel: 020 8446 5772
Email: qv@quaker.org.uk
- *Quaker News* www.quaker.org.uk/qn
Tel: 020 7663 1119
Email: qnews@quaker.org.uk

Journeying on activity 6

Explore Quaker gatherings

You could find out about Quaker gatherings and consider whether you are interested in attending one. Speak to your Becoming Friends companion, or an elder or overseer at your meeting, to find out about local Quaker gatherings and any of the national Quaker gatherings listed below, or contact direct:

- Junior Yearly Meeting (for young Quakers aged 15 to 18)
www.quaker.org.uk/junior-yearly-meeting
Tel: 020 7663 1013
Email: ql@quaker.org.uk
- Yearly Meeting
www.quaker.org.uk/ym
Tel: 020 7663 1040
Email: rco@quaker.org.uk
- Summer Gathering
www.summergathering.org.uk
Tel: 020 7663 1040
Email: rco@quaker.org.uk
- Yorkshire Friends Holiday School (for young Quakers aged 13 to 18)
www.yfhs.org.uk/index.htm
Email: secretary@yfhs.org.uk
- other summer schools for Young Quakers – see Book of Meetings for information or contact Quaker Life children and young people's team
Tel: 020 7663 1013
Email: ql@quaker.org.uk
- Quaker Peace & Social Witness Conference
www.quaker.org.uk/conferences-and-events
Tel: 020 7663 1000
Email: qpsw@quaker.org.uk
- Young Friends General Meeting (for young Quakers aged 18 to 30)
www.yfgm.quaker.org.uk
Tel: 0121 472 1998
Email: yfgm@quaker.org.uk

You can also check out forthcoming Quaker events at:
www.quaker.org.uk/events

Is there an event that particularly interests you? You could ask your elders or overseers if you could be considered for nomination as a rep for your local or area meeting at that gathering when it is next held.

Journeying on activity 7

Deepen your own spiritual practice

You may like to continue with or try out one of the spiritual disciplines that have been offered during the Becoming Friends course such as prayer, meditation or journalling. Some possibilities are given below, with a reminder of where they were first mentioned:

- Listening practice: [Experiencing Quaker Community – Deepening 4](#), page 268
- Fourfold blessing: [Faith in Action – Deepening 4](#), page 173
- Review of the day: [The Sacred in the Everyday – Deepening 2](#), page 269
- Mindfulness practice: [The Sacred in the Everyday – Deepening 4](#), page 186
- Simple breathing practice: [Silence and Waiting – Discovery 4](#), page 275
- Silence and worship online: [Silence and Waiting – Deepening 3](#), page 206
- Sacred reading: [Speaking of God – Deepening 5](#), page 270

There are also courses on spiritual practice and prayer and retreats available at Quaker centres and locally in meetings.

You could ask your Becoming Friends companion, or an elder or overseer at your meeting, what spiritual practice courses or retreats are available locally. Alternatively, check out the websites or ring and ask for the programmes for the following Quaker centres to find out if there are relevant courses or retreats coming up (there may be bursaries available – see [Journeying on activity 2](#)), or simply arrange to spend some quiet time there.

- Woodbrooke Quaker Study Centre
www.woodbrooke.org.uk
Tel: 0121 472 5171
Email: enquiries@woodbrooke.org.uk
- Swarthmoor Hall
www.swarthmoorhall.co.uk
Tel: 01229 583204
Email: info@swarthmoorhall.co.uk
- Charney Manor
www.charneymanor.org.uk
Tel: 01235 868206
Email: charneymanor@quaker.org.uk
- Claridge House (Friends Fellowship of Healing Centre)
www.claridgehousequaker.org.uk
Tel: 0845 3457281
Email: welcome@claridgehousequaker.org.uk

- Glenthorne Quaker Centre
www.glenthorne.org
Tel: 015394 35389
Email: info@glenthorne.org

You could also contact:

- The Quaker Retreat Group
www.qrg.threetowers.org.uk
Tel: 01943 863213
Email QuakerRetreats@waitrose.com
- Quaker Voluntary Action (working retreats programme)
www.qva.org.uk
Tel: 01484 687139
Email mail@qva.org.uk

Finishing the work of Becoming Friends with your companion

Having worked together during the Becoming Friends course, it is important that you and your Becoming Friends companion take time to reflect on your journey together and to say 'goodbye', at least where the Becoming Friends course is concerned –you may very well continue to see plenty of each other in other ways! A suggested outline for a final meeting is given below for you and your companion to adapt as suits you.

Suggested elements for a final meeting with your Becoming Friends companion

1. Worship

Taking time in silence together at the beginning will help to ground your conversation in worship, so that even your last meeting together is a Quaker 'meeting for learning'.

2. Review and evaluation

Consider any of the reflections you wish to share from the Reflective activity, as well as generally reviewing your journey together.

3. Journeying on activity/taking things further

Share with your companion about the 'Journeying on' activity that you chose. What might you want to take further? What might you want to do or know more about? Consider resources in your local meeting, area meeting, Woodbrooke, Quaker Life or other learning opportunities.

4. Any needs and how to meet them

Is there anything that you need in the way of further information, support or guidance, whether about Quakers or your own needs? Your companion may be able to point you in the right direction to find sources of help, such as local elders and overseers, or specific groups or organisations outside of the Religious Society of Friends.

5. Ongoing spiritual friendship?

Your relationship with your Becoming Friends companion is now ending, but if you are interested in finding other opportunities for spiritual friendship, talk to your companion about spiritual friendship arrangements or groups in your meeting or local area.

6. Appreciations and thanks

Take time to mark your appreciation for the gift of each other's time and friendship during the course.

7. Cake and celebration!

Perhaps you would like to share a little something to celebrate the end of the course?

8. Letting go and saying goodbye

It is good to take the chance to say goodbyes (as far as your work together on Becoming Friends is concerned) and acknowledge the end of this particular time you have spent together.

9. Closing Worship

Finish your session together with a few minutes of worship. It is important after all the conversation and practicalities are finished with that you take a moment to return to the spiritual ground for your work together.

Further exploration

If you would like to explore some resources that go into more depth about aspects of Quakerism, here are some suggestions for reading, listening or viewing.

Creating community, creating connections, Lizz Roe and Zelig Gross, Quaker Books, 2009. Yearly Meeting Gathering 2009 study materials. Available online at: www.ymg.org.uk/workpack-for-meetings or in hard copy by contacting Friends House on 020 7663 1161 or email: rco@quaker.org.uk

Engaging with the Quaker testimonies: a toolkit, Quaker Peace & Social Witness Testimonies Committee, Quaker Books, 2007.

Good lives study pack, Pam Lunn and Lizz Roe, Woodbrooke Quaker Study Centre, 2009.

'The heart of Quakerism', Geoffrey Durham: talk to London Quakers, 2009. Text or MP3 download available from: <http://www.londonquakers.org.uk/news/lqagm09feature>

Hearts and minds prepared study pack, Jennie Levin, Woodbrooke Quaker Study Centre, 2003. Available in many meetings, but no longer for sale as a full pack.

An introduction to Quakerism, Pink Dandelion, Oxford University Press, 2007.

The nature and mission of the Church: a response from the Religious Society of Friends (Quakers) in Britain to the World Council of Churches faith and order paper 198, 'The nature and mission of the Church: a stage on the way to a common statement', Document from Meeting for Sufferings, 7 Feb 2009. Download the minute and the full response from www.quaker.org.uk/nature-and-mission-church.

New light: 12 Quaker voices, edited by Jennifer Kavanagh, O Books, 2008. Individual themes also available in the *Twelve Quakers and...* series, Quaker Quest, 2004–2007.

Quaker faith & practice: the book of Christian discipline of the Yearly Meeting of the Religious Society of Friends (Quakers) in Britain, 4th edition, Britain Yearly Meeting, 2009 (first published 1995).

Quaker identity and the heart of our faith, Quaker Life Study Materials, Quaker Life, 2008. Available online at: www.quaker.org.uk/sites/default/files/Faith-and-practice-proceeding.pdf or in hard copy by contacting Quaker Life on 020 7663 1140 or email: ql@quaker.org.uk.

Responding to climate change, Quaker Peace & Social Witness study materials. Available online at: www.quaker.org.uk/environment or in hard copy by contacting Quaker Peace & Social Witness on 0207 663 1000 or email: qpsw@quaker.org.uk

Searching the depths: essays on being a Quaker today, edited by Harvey Gillman and Alastair Heron, Quaker Home Service, 1996.

A very short introduction to Quakerism, Ben Pink Dandelion. Podcasts of lectures, available to download from www.woodbrooke.org.uk/news.php/6/a-very-short-introduction-to-quakerism

Many of these titles are available from the Quaker Centre bookshop:

Friends House
173 Euston Road
London NW1 2BJ

Tel: 020 7663 1030
Fax: 020 7663 1001

Website: www.quaker.org.uk/bookshop
Email: quakercentre@quaker.org.uk



Many of them will also be in your local meeting house library. You could ask your Becoming Friends companion to help you track down titles that interest you.

For Journeying on activity 4: Swarthmore lectures list

| | | |
|-------------|--------------------------|---|
| 1960 | Kenneth C. Barnes | Creative imagination |
| 1961 | Richard K. Ullmann | Tolerance and the intolerable |
| 1962 | J. Duncan Wood | Building the institutions of peace |
| 1963 | L. Hugh Doncaster | God in every man |
| 1964 | Richenda C. Scott | Tradition and experience |
| 1965 | John Macmurray | Search for reality in religion |
| 1966 | William E. Barton | The moral challenge of Communism: some ethical aspects of Marxist/Leninist society |
| 1967 | Kathleen M. Slack | Constancy and change in the Society of Friends |
| 1968 | William Homan Thorpe | Quakers and humanists |
| 1969 | Maurice A. Creasey | Bearings, or, Friends and the new reformation |
| 1970 | Kenneth E. Boulding | Prospering of truth |
| 1971 | Charles Frederick Carter | On having a sense of all conditions |
| 1972 | Richard S. Peters | Reason, morality and religion |
| 1973 | George H. Gorman | Amazing fact of Quaker worship |
| 1974 | Wolf Mendl | Prophets and reconcilers: reflections on the Quaker peace testimony |
| 1975 | Ralph Hetherington | The sense of glory: a psychological study of peak-experiences |
| 1976 | W. Grigor McClelland | And a new earth: making tomorrow's society better than today's |
| 1977 | Damaris Parker-Rhodes | Truth: a path not a possession |
| 1978 | John Ormerod Greenwood | Signs of life: art and religious experience |
| 1979 | John Reader | Of schools and schoolmasters. some thoughts on the Quaker contribution to education |
| 1980 | Janet Scott | What canst thou say? Towards a Quaker theology |
| 1981 | Adam Curle | True justice: Quaker peace makers and peace making |
| 1982 | Gerald Priestland | Reasonable uncertainty: a Quaker approach to doctrine |
| 1983 | Michael Rutter | A measure of our values: goals and dilemmas in the upbringing of children |
| 1984 | Laurence Lerner | The Two Cinnas: Quakerism, revolution and poetry, a dialogue |

| | | |
|-------------|-----------------------------------|--|
| 1985 | Christopher Holdsworth | Steps in a large room: a Quaker explores the monastic tradition |
| 1986 | Quaker Women's Group | Bringing the invisible into the Light: some Quaker feminists speak of their experience |
| 1987 | John Lampen | Mending hurts |
| 1988 | Harvey Gillman | A minority of one |
| 1989 | S. Jocelyn Burnell | Broken for life |
| 1990 | John Punshon | Testimony and tradition: some aspects of Quaker spirituality |
| 1991 | Geoffrey Hubbard | Patterns and examples. Quaker attitudes and European opportunities |
| 1992 | Brenda Clifft Heales & Chris Cook | Images and silence: future of Quaker ministry |
| 1993 | Sydney D. Bailey | Peace is a process |
| 1994 | Margaret Heathfield | Being together: our corporate life in the Religious Society of Friends |
| 1995 | Anne Thomas | Only fellow-voyagers. creation stories as guides for the journey |
| 1996 | Jonathan Dale | Beyond the spirit of the age |
| 1997 | Christine Trevett | Previous convictions and end of the millennium Quakerism |
| 1998 | Young Friends General Meeting | Who do we think we are? Young Friends' commitment and belonging |
| 1999 | Alex Wildwood | A faith to call our own: Quaker tradition in the light of contemporary movements of the Spirit |
| 2000 | Tim Newell | Forgiving justice: a Quaker vision for criminal justice |
| 2001 | Tony Stoller | Wrestling with the Angel |
| 2002 | Jackie Leach Scully | Playing in the Presence: genetics, ethics and spirituality |
| 2003 | Eleanor Nesbitt | Interfaith pilgrims: living truths and truthful living |
| 2004 | Simon Fisher | Spirited living: waging conflict, building peace |
| 2005 | Helen Steven | No extraordinary power: prayer, stillness and activism |
| 2006 | Roger and Susan Sawtell | Reflections from a long marriage |
| 2007 | Beth Allen | Ground and spring: foundations of Quaker discipleship |
| 2008 | Christine A. M. Davis | Minding the future |
| 2009 | Peter Eccles | The presence in the midst: reflections on discernment |